## **Creative Garnishes/Food Display**

**Creative Garnishes**, an individual event, showcases a student's ability to creatively use a variety of food ingredients and materials to prepare and display a garnish that would appeal to a customer and employer.

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#### **Participants must:**

- Provide a hand drawn design of planned garnish
- Prepare a decorative edible item for display

#### ELIGIBILITY

1. Participation is open to any Nevada state affiliated FCCLA chapter member.

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- Participants MUST bring following to competition:
- Display plate not to exceed the size of a 9" White paper plate
- One (1) project identification page
- Pencil

- Container for peeling (waste container)
  - Sanitation buckets/solution/towels
  - Disposable gloves
  - Tools
  - Four (4) food items from the approved list included in these event guidelines
- 2. <u>No tools will be provided. No food items will be provided. No electric tools will be allowed.</u> Tools may include but are not limited to:
  - Cutting Board
  - Small Chef's Knife
  - Peeler
  - Paring Knife
  - Channel Knife
  - Zester
  - Fork

- Aspic Cutters
- Apple Corer
- V-shaped Knife
- Crinkle Cutter
- Scissors
- Flex Blade Knife
- Frill Picks

#### **PROCEDURES & TIME REQUIREMENTS**

- 1. All participants must bring all tools and equipment for this event, including food items, to prepare their food art. No electrical tools are allowed.
- 2. All participants must bring their own hand drawn Creative Garnish design on an 8 <sup>1</sup>/<sub>2</sub>" x 11" white piece of paper, using 3-5 of the food items on the list. The design may be used during the competition
- 3. Evaluators will score participants while they work and will complete the evaluation process during the five (5) minute clean up period.
- 4. Total event time per rotation is 40 minutes.



# PROFICIENCY Events Program





#### **GENERAL INFORMATION**

1. Table space, water, and ice will be provided. Each participant will have approximately 6' of workspace.

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- 2. Entries will be scored by industry standards and participants must follow proper sanitation procedures.
- 3. Spectators are not allowed to observe this event.
- 4. Participants are not allowed to receive coaching from participants or discuss this event with other participants. Doing so will result in disqualification.
- 5. Presentations may not be filmed or photographed, except by the official FCCLA photographer.
- 6. Participants must be dressed appropriately and professionally.

### **CREATIVE GARNISHES** Specifications

#### Safety & Sanitation

Participants will be well groomed and wear appropriate, clean attire that meets restaurant and hotel industry standards to include: chef coat or jacket (school name and logos are permitted); industry pants or commercial uniform; apron; hair covering or chef hat; closed-toe, low heel, nonskid leather shoes (canvas shoes are not appropriate); no jewelry (watches are acceptable); minimal make-up; no cologne or nail polish; facial hair is permitted if appropriate covering is used. Participants will also demonstrate the ability to keep their work area organized and clean in a safe and sanitary manner. Event Consultants or Evaluators have the authority to stop any participant exhibiting unsafe practices.

Clothing and Appearance	Wear appropriate clothing and head covering, and present a well- groomed appearance.
Safety and Sanitation	Keep work area clean and organized, and demonstrate appropriate
	safety and sanitation procedures according to industry standards.
	Complete final cleanup after event within the designated time period.



PROFICIENCY EVENTS PROGRAM

#### **Creative Garnish Preparation**

Each participant will select a minimum of three (3) or a maximum of five (5) different food items from the list below to use in their food art. Participants must bring all food (properly stored, washed, uncut), required tools, and supplies listed below to the event. No electrical tools are allowed. Participants will demonstrate industry standards in use of equipment, tools, and techniques. Participants will prepare creative food art that meets industry standards without having excessive waste.

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Food Art Design	Participant will develop a hand-drawn food art design on one 8½" x 11" paper, using up to 5 selected food items. The design will be used during competition and will be reviewed by evaluators in comparison to the final product.				
Equipment, Tools and Techniques	<ul> <li>Each participant must provide all tools and equipment needed for preparing a creative garnish or food art. No electric tools will be allowed.</li> <li>Required equipment/tools are: <ul> <li>cutting board and mat</li> <li>disposable gloves</li> <li>prepared sanitizing solution</li> <li>display plate not to exceed the size of a 9" White paper plate</li> <li>small compost/waste bucket or bowl</li> <li>towels</li> </ul> </li> <li>Participants may bring equipment to include but not limited to: small chef's knife, vegetable peeler, paring knife, channel knife, zester fork, aspic cutters, apple peeler/corer, v-shaped knife, crinkle cutter, scissors, and flex blade knife.</li> </ul>				
Food art Construction	peeler/corer, v-shaped knife, crinkle cutter, scissors, and flex blade knife.Participants will use no more than 5 of the food items from this list.No additional food items are allowed.The 8½" x 11" design drawing and the complete food art will be displayed on the paper plate by the end of the preparation time (25 minutes).carrot peppers (any variety) celery potato (any variety) avocado pineapplecitrus (lemon, lime, or orange) radish (any variety) cucumber tomato (any variety)zucchini or yellow summer squash mushroom 				
Mise en place/Time Management/Scraps	Demonstrate careful planning for completing tasks efficiently. All scraps will be presented for Management/Scraps evaluation of product waste.				



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## **CREATIVE GARNISHES**

**Point Summary Form • Individual Event** 

Level: Level 1 Level 2 Level 3

#### **DIRECTIONS:**

1. Make sure all participant information at the bottom of this form is correct. If the participant does not show, please write "No Show" across the form and return with other forms.

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2. At the end of competition in the room, double-check all scores and participant information to ensure accuracy. Sort results by highest score to lowest score, record results on green final score sheet, and turn in.

Contest		0			5	
<b>Orientation</b> 0 or 5 points	Did not attend			The individual attended orientation and had all supplies at the appropriate start time		
Project Identification	0 Missing or incomplete Project		5 Complete Project Identification Page			
<b>Page</b> 0 or 5 points		dentification I	Page			
Professional		0-1		2-3	4-5	
<b>Dress</b> 0-10 points		provement No nce, attire and/	n-Professional or grooming	<b>Good</b> Neat appearance, attire, and grooming; but lacks polish	<b>Exemplary</b> Professional appearance, attire, and grooming	
			Roo	m Consultant Score (1		/15
Evaluators Scores (Combination of both rubrics— 85 total points possible)	Evaluator	• 1: • 2: • 3: Score T	Initials: Initials:		<b>Demonstration</b> <b>Score</b> (85 points possible)	/85
FINAL SCORE (Average Evaluator Scores [Demonstration Score] plus Room Consultant Score)					/100	
Circle Rating A	Achieved:	Gold: Silver: Bronze:	90-100 pts. 70-89.9 pts. 1-69.9 pts.	VERIFIED: Roo	om Consultant Initials	

#### **ROOM CONSULTANT CHECK**

	1	
Name		
Chapter:		Division
Evaluator Signature:		Date:
Commenter		

**Comments:** 



PROFICIENCY Events Program

### **CREATIVE GARNISHES** Demonstration Rubric

	0-1	2-3	4-5	6-7	8-9	10	Points Earned
Safety 0-10 points	Disregard of safety creating unsafe situation during majority of the presentation	Disregard of safety creating unsafe situation during the presentation	Minimal safety concerns	Moderate safety concerns	Only one or two safety minor concerns	Follows all safety practices	
							/10
Sanitation 0-10 points	Unsanitary situation creates unsafe product	Unsanitary situation creates unsafe product	Minimal sanitation concerns	Moderate sanitation concerns	Only one or two sanitation minor concerns	Follows all sanitation practices	/10
Equipment Tools, & Techniques <i>0-10 points</i>	Selection & usage of tools/equipment lacks understanding and demonstration	Poor selection of use of tools/equipment	Fair selection and use of tools/ equipment	Good selection and use of tools/ equipment	Very Good selection and use of all tools/ equipment	Exemplary selection and use of all tools/ equipment	
	of skills						/10
TOTAL POINTS					/30		

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Name		
Chapter:	Division:	
Evaluator Signature:	Date:	

**Comments:** 





## **CREATIVE GARNISHES**

### **Demonstration Rubric**

#### **Food Production and Presentation**

Time	0-1	2-3	4-5	6-7	8-9	10	
Management	Very poor	Poor use of	Fair use of	Good use of	Very good	Exemplary	
0-10 points	use of time	time	time	time	use of time	use of time	/10
-			2	2			/10
Creative	0 Garnish drawing	1 Garnish was not	2 Esin samiah	3 Comist	<b>4</b>	5	
Planning	plan was	easily	Fair garnish plan –	Garnish plan was	Garnish plan was neatly	Garnish plan	
0-5 points	not	understood	somewhat	comparable	drawn or	was exceptional	
	presented	on the	comparable	to finished	explained	exceptional	
	1	paper, did	to finished	product	well on		
		not include	product	1	paper		
		appropriate	-				1-
		food items					/5
Food Item	0-2	3-5	6-8	9-11	12-14	15	
Use	Most of the	2 food items	3 food items	4 food items	All items	All items	
0-15 points	food items	used	used	used with	chosen were	chosen were	
	were wasted or only 1			some waste	used in some	used with minimal	
	item used				way/Little waste	waste	
	nem usea				waste	waste	
							/15
Product	0-2	3-5	6-8	9-11	12-14	15	
Appearance]	Presentation	Presentation	Presentation	Presentation	Presentation	Presentation	
0-15 points	not on the	is poor	is fair	is good	is very good	is exemplary,	
	plate <b>OR</b>					attractive,	
	needs major					and neatly	(a <b>-</b>
	improvement					displayed	/15
Creativity	0-1	2-3	4-5	6-7	8-9	10	
0-10 points	No evidence	Very little	Little	Some	Highly	Exceptionally	
	of creativity	evidence of	evidence of	evidence of	creative	creative and	
		creativity	creativity	creativity		innovative	/1.0
							/10
TOTAL POINTS //							/55

**NEVADA** STATE ASSOCIATION

Name		
Indiffe		
Chapter:	Division:	
Judge Signature:	Date:	
<b>a</b> .		

**Comments:**